

Hello Athletes and Families,

Thank you for registering for the **SOLD OUT 2026 DeWitt Crossroads Youth Triathlon!**

On behalf of DeWitt Parks & Recreation, the City of DeWitt, and our title sponsor [First Central State Bank](#), we are excited to welcome you to the 8th Annual DeWitt Crossroads Youth Triathlon on Friday, July 17, 2026. Every year this event sells out, and we are looking forward to another evening of fun, fitness, and accomplishment for our young athletes. Our volunteers have been working hard to create a safe and memorable experience for everyone.

Please take a few minutes to review the information below before race day.

Race Day Schedule

Friday, July 17, 2026

4:00 PM – [DeWitt Aquatic Center](#) and [DeWitt Fitness Center](#) are closed to the public

4:15 PM – Packet pickup (for those who did not attend early pickup), chip distribution, athlete body marking, and transition area opens

5:30 PM – Transition area closes (all athletes must be checked in and ready)

5:45 PM – Mandatory pre-race briefing

6:00 PM – National Anthem and Senior Division start

Awards Ceremony – Begins after all athletes have finished and results are finalized

Packet Pickup

We strongly encourage families to pick up race packets before race day. *This makes the job of the organizers much easier.*

Option 1

Wednesday, July 15

4:30–6:00 PM - [Candy's Back Bar](#)

4751 Progress Drive - Davenport, IA

Option 2

Thursday, July 16

4:30–6:00 PM - [Murphy's Pub in DeWitt](#)

613 10th Street - DeWitt, IA

If you cannot attend either pickup, your packet may be picked up between **4:15 PM and 5:00 PM on race day**. Each athlete will receive:

- Race bib
- Bicycle/helmet sticker sheet
- Event T-shirt

Please note:

- Athletes will receive the t-shirt size selected during registration.
 - Shirt sizes cannot be exchanged.
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What to Bring

Please consider the below items to bring:

- Swimsuit
- Bicycle
- Properly fitting bicycle helmet
- Goggles
- Running shoes
- Water bottle
- Shorts and shirt
- Race bib
- Helmet and bike stickers

Sticker placement (Please secure the stickers before arriving):

- One sticker on the front of the helmet
- One sticker on the bicycle seat post

Parking

For athlete safety, **there is NO parking** at:

- DeWitt Aquatic Center
- DeWitt Fitness Center
- Across the street at St. Joseph Cemetery
- Anywhere along the bike course or on 14th Street

We recommend parking at:

Ekstrand Elementary School

1140 15th Street - DeWitt, IA

Please refer to the attached parking map.

Athlete Check-In

Beginning at **4:15 PM**, our timing partner, [ERC Timing Solutions](#), will distribute timing chips.

At check-in, every athlete will:

- Receive their timing chip
- Have their race number written on their right shoulder
- Have their age written on their left calf – **Reminder, age is determined as of 12-31-26.**

All athletes **must** complete check-in and body marking by **5:30 PM**. No exceptions.

Transition Area

The transition area closes promptly at **5:30 PM**.

After that time:

- No parents or spectators may enter.
- Athletes should already have their equipment set up and be ready to race.

Volunteers will be available to:

- Help locate bike racks
- Answer questions

- Check helmet fit

If your bicycle is too small to hang safely on the rack and has a kickstand, volunteers will help position it correctly.

Helmet Safety

Every athlete's helmet will be inspected before entering transition.

Please make sure:

- The helmet fits properly.
- The chin strap is secure.
- The helmet cannot slide down over the athlete's eyes.

Athletes without a properly fitting helmet will not be permitted to race.

Race Briefing

A mandatory athlete meeting begins at **5:45 PM** inside the Aquatic Center.

Spectators:

- Please watch the swim portion from the grass on the south side of the pool.
- The pool deck is reserved for athletes and volunteers only.
- Feel free to bring lawn chairs.

Spectator entry to the pool area will only be through the gate on **14th Street**.

Age Divisions

Age groups are determined by the athlete's age on December 31, 2026, NOT their age on race day.

Junior: Ages 6–8

Intermediate: Ages 9–11

Senior: Ages 12–15

Course Information

This is a **looped course**, so athletes must know how many laps to complete.

Junior (Green Bib)

[Swim Route](#)

[BIKE 1.5 mile \(1 lap\)](#)

[RUN 1/2 mile \(1 lap\)](#)

Intermediate (Orange Bib)

[Swim Route](#)

[BIKE 3 mile \(2 laps\)](#)

[RUN 1 mile \(2 laps\)](#)

Senior (Red Bib)

[Swim Route](#)

[BIKE 4.5 mile \(3 laps\)](#)

[RUN 1.5 mile \(3 laps\)](#)

One pool length equals **25 meters**.

Please review the linked course maps with your athlete before race day.

Although volunteers and electronic lap-counting mats will assist throughout the course, it is ultimately each athlete's responsibility to complete the correct number of laps.

Race Start Format

To provide a safe race and allow our volunteers and timing crew to accurately monitor the course, divisions will start in waves.

- Senior Division starts first.
- Intermediate Division begins after all Senior swimmers have exited the pool.
- Junior Division begins after all Intermediate swimmers have exited the pool.

Thank you for your patience during the staggered start.

Spectator Information

Once the race begins:

- The transition area is closed to everyone except athletes.
- When leaving the Aquatic Center, exit through the gate on 14th Street and head west.
- You may access viewing areas by walking to 15th Street.

Please stay off the race course while cheering.

We encourage everyone to cheer for every athlete!

Finish Line & Awards

The finish line is located next to the outdoor basketball court and is easy to spot thanks to our giant blue inflatable tube man.

Every athlete receives a finisher medal.

After the race, athletes can enjoy refreshments while results are finalized.

Awards will be presented to the **Top 3 Male and Female finishers** in each division:

- Junior
- Intermediate
- Senior

Awards are generously sponsored by [Custom Pak](#).

Food

A concession food wagon will be available throughout the evening. Cash and credit cards are accepted.

Need Help?

Our event committee members will be wearing **apricot event shirts**. Please don't hesitate to ask if you need assistance.

Questions regarding race timing or results should be directed to **ERC Timing Solutions**, located near the finish line.

Thank You

This event would not be possible without:

- Our incredible community volunteers
- [First Central State Bank](#), our title sponsor
- Our many local business sponsors
- And, of course, our amazing athletes and families

Thank you for being part of this special event.

If someone you know would like to volunteer, please have them contact: **Derek Fox** - dfox@firstcentralsb.com

Questions?

Race Director, **Kevin Lake** - kevin.lake@cityofdewittiowa.org

We can't wait to welcome you to DeWitt on **Friday, July 17**.

Good luck, have fun, and we'll see you at the starting line!